

## Rules covering Health and Safety

You must obey the specific rules notified to your contractors at the site where you are carrying out your assignment but you should make them aware of the following general guidelines.

### Working Practices

- You must not operate any item of equipment unless trained, and authorised to do so.
- You must not remove any guarding from equipment used or deviate from your authorised usage of the equipment.
- You must report immediately any equipment defect, and never attempt repair.
- You must undertake all duties as instructed and never deviate.

### Hazard/Warning Signs & Notices

- You must comply with all hazard/warning signs and notices displayed on the premises.

### Working Conditions/Environment

- You must make proper use of all equipment and facilities provided to control working conditions/environment.
- You must ensure you keep your work areas clear/tidy.
- You must dispose of waste/scrap in the appropriate receptacles.

### Protective Clothing & Equipment

- You must wear protective equipment where required.
- You must never obstruct any fire escape route, fire equipment or doors.

### Accidents

- You must see the first-aider for any injury you may receive, irrespective of how minor, and ensure details are entered into the accident book.
- You must report any incident which damage is caused to property.

### Health

- You must report any medical condition that could affect the safety of yourself or others.
- You must not become involved with horseplay, or practical jokes.
- You must follow all rules pertaining to no smoking areas.